

COMMUNITY INITIATIVES FOR DEVELOPMENT AND ACTION RESEARCH (CIDAR-UGANDA)

Bike Report



Donating Bikes: Riding Out of Deprivation in Eastern Uganda

March 2023

The “Riding Out of Deprivation” Initiative

Delivered by CIDAR Uganda



**In Partnership with Wheels4Life
Foundation (W4L)**

March 2023

About CIDAR Uganda

The Community Initiatives for Development and Action Research (CIDAR Uganda) is a Community Based Organization (CBO) based in Eastern Uganda that works to contribute to poverty reduction and sustainable development of the disadvantaged and vulnerable communities through community-led programs and interventions in Uganda. Since 2008, CIDAR Uganda has been partnering with Wheel4life Foundation to provide bikes to the neediest populations (such as school children, youths, poor households and vulnerable public servants) who needed bikes as a means of transport.

To date, over 1,500 beneficiaries, mostly students and vulnerable populations in critical need of basic transport means have so far benefited from the partnership.

Wheels4Life and CIDAR Uganda believe that a bike can significantly change the life of an individual, a household, a community or society.

Riding Out of Deprivation in Uganda:

In late 2022, CIDAR Uganda in collaboration with Wheels4Life Foundation started an initiative dubbed “**Riding Out of Deprivation in Uganda**” whose objective is to support poor and vulnerable people to escape deprivation and chronic poverty through access to bike transport services.

The “*Riding Out of Deprivation*” initiative was based on the motivation that a bike can greatly transform the lives of neediest individuals to escape deprivation and chronic poverty.

The Riding Out of Deprivation Initiative was preceded by the “*Riding Away from Covid-19*” Initiative, through which W4L extended support to CIDAR Uganda aimed at complementing government efforts in the fight against the Covid-19 pandemic in Uganda. Accordingly, a total of 233 bikes were distributed to health workers in Jinja and Iganga districts to facilitate their movement to and from health facilities to provide the much-needed response against the Covid-19 pandemic in the region (see photo below). The results of the initiative have since significantly enhanced the capacity of the local health facilities to management the Covid-19 and other pandemics.



Bike Distribution for the “Riding Away from Covid-19” Initiative in May 2020

In November 2022, Wheels4Life extended additional support to CIDAR Uganda (worth 19 million Uganda shillings) to kick-start the “**Riding Out of Deprivation**” initiative through provision of bikes to the neediest beneficiaries in Eastern Uganda.

Purchase of the Bikes

On 12th November 2022, after successful negotiations with the bike supplier (Jupiter Impex Limited), **CIDAR Uganda purchased a total of 57 units of fully fitted bikes** costing Eighteen million two hundred sixty-eight five hundred Uganda shillings (18,268,500 Ugx) **equivalent to USD 4,640 USD**. Each bike was purchased at 320,500 Uganda shillings (about USD 84.3) which was a very competitive market rate.

In addition, three (3) complementary bikes were given to CIDAR Uganda by the bike supplier as additional support. **The supplier promised to provide 5 more complimentary bikes plus a discounted per unit cost if we made another significant bike purchase in the next four months (December 2022 to March 2023).**

A total of USD 170 was expended on transportation of bikes to the distribution venue. The balance of USD 190 was left on the account and will be used to cater for bank charges and future bike transactions.

Bike Distribution:

On Thursday, 17th November 2022, CIDAR Uganda in collaboration with Agrichi, a local Community Based Organization (CBO), distributed the bikes to the neediest beneficiaries as follows: Agrichi, is championing awareness and advocacy initiatives against sickle cell anaemia in Eastern Uganda.

- i. **Majority of the bikes (34 bikes) were donated to health workers** (female and male) who walk very long distances to provide the much-needed health care services in hard-to-reach communities.
- ii. A total of **twenty-three (23) bikes were donated to school-going children** with severe transport needs. All these beneficiaries travel for very long distances to access school.
- iii. **Three (3) bikes were distributed as community bikes to village administrators** in neighbouring villages. These community bikes will help all those households or individuals in critical

need of transport means for life-saving, social and economic purposes.



Bike Distribution Ceremony to Beneficiaries in Eastern Uganda in November 2022

How the Beneficiaries will use the bikes

During this Phase, the bikes were distributed mainly to serve the following purposes:

a) Provision of health care services:

Most of the bikes (34 bikes) were donated to health workers who were vulnerable and in critical need of transport means. It is expected that the beneficiaries will use the bikes to get to the health facilities earlier than before and provide the much-needed health services on time and also extend their working



hours since they have ready transport means. Using the bikes, they will also access very distant locations to provided life-saving health care.

b) Transport means to school:

Twenty-three bikes were donated to vulnerable school-going children. All the benefiting children traverse very long distances to access schools. It is expected that the bikes will help increase the class attendance time for the beneficiaries since they will now

arrive early at school and leave late. They also promised to use the bikes for household chores such as fetching clean water for domestic consumption and attending social events and functions.



c) Community bikes:

The concept of a community bikes was first introduced by W4L about a decade ago. Three bikes were donated to local administrators to serve as community bikes. All community members in need of very cheap transport means to access health services, distant administration units/offices, distant markets, distant social functions or events will hire the bikes at a very small fee which will be managed as a maintenance fee.

The difference the bikes will make



As a medical staff of St. John Paul Memorial Clinic, I have been walking for 2 and a half kilometres to and from the health centre to provide health care services and this has affected my effectiveness. With this bike, I will reduce on my travel time to the facility and hence provide health care services

for more hours every day. – **Ms. Rebecca Igunda (Medical Assistant, St. John Paul Memorial Clinic)**

The health practitioners who received bikes confirmed that the bikes would enable them access health units in time through reduction of time taken to arrive at the health units. In effect, they would provide the much-needed health care services to many patients than before and thus save more lives in the communities where they serve. Indeed, the bikes will be a game-changer in health service provision in the local communities.



“...I will now spend less time to get to school and also leave school late which will enable me concentrate on my education more than

before. I want to become a doctor and I am very sure I will make it with this bike” – **Ms. Brenda Mateeka (Iganga High School)**

“...I was born in a very poor family in our village but with the grace of God my uncle has been paying my school fees to enable me access education.

My biggest problem has been walking for about 4 kilometres to and from school every day.

This bike is a great relief to me and to my family. Thank you

W4L. – **Ms. Agnes Nakadama (Senior Two Student)**





“Every day, I wake up at 5am and walk for 2 hours to get to my school where I work and 2 hours back home. With this bike, my dream is to help as many students as possible to pass their A-Level exams and join prestigious Universities in USA. – **Ms. Florence Nabulooli, Teacher, Kodet Secondary School.**

My name is **Mark Okoboi, a student at Kodet Secondary School.** I have been suffering to walk very long distances to my school. With this bike, my future is brighter than before. I will be the first student at school every day.



In an interview with **Ms. Pamela Nabukenya**, a Local Administration leader at Kimanya Administration Unit, she appreciated Wheels4Life and CIDAR Uganda for the donation of the community bike to her community and in her own words I quote:

*“Ekyizibu ekyisinga ku kyalo kyaffe kyikwatagana
ne'ebuula lya ebyentambula.”*

*Amagali gano gagenda tuyamba nyo mu kulondoola
ebitundu byaffe okutangila obumenyi bwamateeka.
Nabo abetaaga entabula bagya kwewolanga egali ziino
basikozese ku miwendo emitono ddala”*

translated as:

“The biggest problem in our village here is the lack of cheap basic transport means. These bikes will help us so much in maintaining security in our village and fighting crime.”

“...They will also help our people who need basic transport means for cultural and socio-economic purposes to use the community bikes at a small fee”.

“We thank Wheels4Life and CIDAR Uganda for this donation”.

Looking Ahead:

While the “**Riding Out of Deprivation**” initiative is a new concept, the prospects point to an impactful future. The 60 bikes courtesy of Wheels4Life and Jupiter Impex Ltd (the bike supplier) that were distributed in Phase 1 will create significant impact in the lives and livelihoods of the poor beneficiaries. However, the demand for bikes as the commonest and most basic means of transport continues to grow in these areas.

About 2,000 people (poor boys, girls, youths, men and women) are in dire need for transport means to solve different challenges such as: access to education, access to distant water sources, access to markets, access to health care services and for recreational purposes.

**Therefore, it is our sincere hope
that Wheels4Life Foundation shall continue to
partner with CIADR Uganda to ensure that the
together we contribute to the transformation of
neediest individuals.**

Messages of Appreciation

To Wheels4Life Charity:

On behalf of the beneficiaries, CIDAR Uganda is profoundly grateful to Wheels4Life for its continuous and generous support. In a special way, we sincerely thank Ms. Carmen Rey for the unwavering support and friendship accorded to CIDAR Uganda. We are so proud of you.

CIDAR Uganda will continue working closely with Wheels4Life Foundation to transform the lives of those in critical need of basic transport means in Uganda.

– Programmes Director, CIDAR Uganda –



To Eric and Amy Davidson:

Words only cannot describe our gratitude.

Kwagala Immy	Isiah Kakembo
Joselyn Kaguta	Deogratious Isubika
Agaba Penelope	Peter Kenneth Mpaata
Stella Mukiibi	Simon Balyeeku
Kansiime Flora	Hakim Mufumbiro K
Milka Akugizibwe	Bogere Senfuka
Mpata Dickson	Abubaker Kyoziira

May God continue to richly bless both of you with a giving hand.



To Gary Corgono:

You hold a special place in our hearts

Mike Mudoli	Christom Kyambadde
Humphrey Migereko	Stecia Murungi
Rabaan Kyikeere	Asumta Kyozira
Shan Muwemba	Mable Kamira
Andrew Kyemutayi	Rebecca Igunda
Charles Mbaadi	Esther Nabulooli
Moses Kwekula	Dennis Odong

We will always dream-on with your donation



To Karen and Michael Hanrahan:

We know you have lots of choices when it comes to donating, but we are so grateful that you chose to donate to our causes.

Mary Kyisa Nabukenya	Joshua Kakaire M.
Auma Betty	Meddie Kisitu
Charity Deyongera	Agnes Nakadama
Timothy Toritich	Faith Nabuduwa
Musa Abdallah	Shadrack Kintu
Norman Otim	Florence Nabulooli
Sadat Isabirye	Esther Nakandi

May the Lord richly reward your good deeds.



To Stanley Hall:

No matter our circumstances, we are thankful for your bike donation

Florence Nabukwasi	Sofia Nansereko
Agnes Mateeka	Edward Chelangit
Katrina Igoye	Mark Okoboi
Asna Mustafa	Brenda Mateeka
Muzamiru Kasekende	Audrek Rwemiti
Rehema Isabirye	Dickens Oluka
Charity Mirembe	Christine Tibatemwa
Nathan Ayazika	Godfrey Kezaala
Pamela Nabukenya	Jimmy Serunkuma

We will always strive for our future with you at the back of my minds because it is you who made us what we are.



Appendices: Bike Beneficiaries

Serial No.	Name of Beneficiary	Designation	Location	Serial No.
1	Kwagala Immy	Medical assistant	Kamuli Mission Hospital	22/W4L/CD1
2	Joselyn Kaguta	Nurse	Kamuli Mission Hospital	22/W4L/CD2
3	Agaba Penelope	Medical Officer	Kamuli Mission Hospital	22/W4L/CD3
4	Stella Mukiibi	Midwife	Kamuli Mission Hospital	22/W4L/CD4
5	Kansiime Flora	Nurse	Kamuli Mission Hospital	22/W4L/CD5
6	Milka Akugizibwe	Medical Assistant	Kamuli Mission Hospital	22/W4L/CD6
7	Mpata Dickson	Laboratory technician	Kamuli Mission Hospital	22/W4L/CD7
8	Isiah Kakembo	Nurse	Kamuli Mission Hospital	22/W4L/CD8
9	Deogratiuous Isubika	Palliative Care Nurse	Bupadhengo HC IV	22/W4L/CD9
10	Peter Kenneth Mpaata	Dentists	Bupadhengo HC IV	22/W4L/CD10
11	Simon Balyeeku	Health Officer	Bupadhengo HC IV	22/W4L/CD11
12	Hakim Mufumbiro K	Medical Assistant	Bupadhengo HC IV	22/W4L/CD12
13	Bogere Senfuka	Health officer	Bupadhengo HC IV	22/W4L/CD13
14	Abubaker Kyoziira	Health officer	Bupadhengo HC IV	22/W4L/CD14
15	Mike Mudoli	Laboratory technician	Bupadhengo HC IV	22/W4L/CD15
16	Humphrey Migereko	Medical Officer	Bupadhengo HC IV	22/W4L/CD16
17	Rabaan Kyikeere	Radiographer	St. John Paul Memorial Hospital	22/W4L/CD17
18	Shan Muwemba	Laboratory technician	St. John Paul Memorial Hospital	22/W4L/CD18
19	Andrew Kyemutayi	Nurse	St. John Paul Memorial Hospital	22/W4L/CD19
20	Charles Mbaadi	Dental Assistant	St. John Paul Memorial Hospital	22/W4L/CD20
21	Moses Kwekula	Medical Assistant	St. John Paul Memorial Hospital	22/W4L/CD21
22	Christom Kyambadde	Gynaecologist	St. John Paul Memorial Hospital	22/W4L/CD22
23	Stecia Murungi	Midwife	St. John Paul Memorial Hospital	22/W4L/CD23
24	Asumta Kyoziira	Medical Officer	St. John Paul Memorial Hospital	22/W4L/CD24
25	Mable Kamira	Nurse	Abacus Health Center IV	22/W4L/CD25
26	Rebecca Igunda	Medical Assistant	Abacus Health Center IV	22/W4L/CD26
27	Esther Nabulooli	Nursing officer	Abacus Health Center IV	22/W4L/CD27
28	Dennis Odong	Medical Officer	Abacus Health Center IV	22/W4L/CD28
29	Mary Kyisa Nabukenya	Doctor	Abacus Health Center IV	22/W4L/CD29
30	Auma Betty	Doctor	Abacus Health Center IV	22/W4L/CD30
31	Charity Deyongera	Grade II Nurse	Abacus Health Center IV	22/W4L/CD31
32	Timothy Toritich	Grade II Nurse	Abacus Health Center IV	22/W4L/CD32
33	Musa Abdallah	Clinician	Abacus Health Center IV	22/W4L/CD33
34	Norman Otim	Clinician	Abacus Health Center IV	22/W4L/CD34

35	Sadat Isabirye	Senior One Student	Nakabango Girls School	22/W4L/CD35
36	Joshua Kakaire M.	Senior Four Student	Nakabango Girls School	22/W4L/CD36
37	Meddie Kisitu	Senior Four Student	Nakabango Girls School	22/W4L/CD37
38	Agnes Nakadama	Senior Two Student	Nakabango Girls School	22/W4L/CD38
39	Faith Nabuduwa	Mathematics Teacher	Kodet Secondary School	22/W4L/CD39
40	Shadrack Kintu	Senior Three Student	Kodet Secondary School	22/W4L/CD40
41	Florence Nabulooli	Teacher (Geography)	Kodet Secondary School	22/W4L/CD41
42	Esther Nakandi	Senior Five Student	Kodet Secondary School	22/W4L/CD42
43	Florence Nabukwasi	Teachers (Maths)	Iganga High School	22/W4L/CD43
44	Agnes Mateeka	English Teacher	Iganga High School	22/W4L/CD44
45	Katrina Igoye	Senior English Teacher	Iganga High School	22/W4L/CD45
46	Asna Mustafa	Senior IV Student	Iganga High School	22/W4L/CD46
47	Muzamiru Kasekende	Senior III Student	Iganga High School	22/W4L/CD47
48	Rehema Isabirye	Senior II Student	Iganga High School	22/W4L/CD48
49	Charity Mirembe	Senior Three Student	Iganga High School	22/W4L/CD49
50	Sofia Nansereko	Teacher (SST)	Iganga High School	22/W4L/CD50
51	Edward Chelangit	Teacher (Science)	Iganga High School	22/W4L/CD51
52	Mark Okoboi	Senior Two Student	Kodet Secondary School	22/W4L/CD52
53	Brenda Mateeka	Senior Five Student	Iganga High School	22/W4L/CD53
54	Audrek Rwemiti	Senior Five Student	Magwa College School	22/W4L/CD54
55	Dickens Oluka	Senior Four Student	Magwa College School	22/W4L/CD55
56	Christine Tibatemwa	Senior Three Student	Magwa College School	22/W4L/CD56
57	Nathan Ayazika	Senior Four Student	Magwa College School	22/W4L/CD57
58	Pamela Nabukenya	Local Administration leader	Kimanya Admin Unit	22/W4L/CDx
59	Godfrey Kezaala	Local Administration leader	Buwenge Admin Unit	22/W4L/CDxx
60	Jimmy Serunkuma	Local Administration leader	Busembatya Local Council	22/W4L/CDxxx



Thank You Wheels4Life!